# THE MAICO GAAZETTE

#### JANUARY – MARCH 2022

www.aamadisonwi.org

The mission of MAICO (Madison Area Intergroup Central Office) is to help A.A. groups within its service area (South Central Wisconsin) carry the A.A. message. MAICO helps coordinate and facilitate communication and cooperation among individual A.A. groups, area 12-step and other committees, and components of the A.A. service structure. MAICO provides needed services that are beyond the scope and ability of any individual A.A. group, and is at all times responsible to the groups it serves.

MAICO, in all of its activities, shall abide by the intent and spirit of the Twelve Traditions, the Twelve Concepts and where possible the suggested procedures and limitations suggested by the AA Service Manual and other conference approved literature.



"A Tradition A Month" will be on page 3 throughout 2022

# THEME: Relapse - Old & New

In and Out BY: DEAN C. | GRAND FORKS, ND | APRIL 2019

After suffering for years in the revolving door, he finally found the answer outside himself

My story is different from others in that I came to AA at 16 years old and did 90 percent of my drinking after that. I had 11 months of sobriety in 1983 and 14 months in 2002. I went to treatment 17 times and have been in and out of AA too many times to count. I was a revolving-door fixture in AA for a heartbreaking 30 years. The people of AA helped keep me alive long enough to live.

I'm not the smartest guy in the world, but I can tell when someone is happy to see me. When I was drinking, nobody was happy to see me. But when I walked into the doors of AA I felt welcomed. I could see it in people's eyes and hear the sincerity in their voices. They were genuinely concerned about my welfare.

I was a *lose-everything kind of drunk* from the start, and I just didn't know it. I lost the big stuff like jobs, freedom, friends, a place to live and sanity, but I also lost the really big stuff, like children, self-respect, hope and will to live.

Today I walk free with my head held high and with love as my guide. I'm reasonably happy, but more importantly, slightly useful. The Tenth Step says, "Continue to watch for selfishness, dishonesty, resentment and fear. When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone. Then we resolutely turn our thoughts to someone we can help." It just occurred to me one day that if I started my day thinking about someone I can help, I could circumvent the whole selfishness, dishonesty, resentment and fear mess. And guess what? It works.

I went to my first AA meeting on Christmas vacation from the state hospital in 1980. I was 16 years old. My mother told me not to mention my alcoholism or my incarceration to my grandparents. No alcoholics in my family—none.

There's an adjustment period to having an alcoholic kid. First come love and tough love. Then come the worries and sleepless nights, prayers and longer prayers

Eventually, Mom gave me a ride up to the local AA clubhouse, an old once-green Baptist church. She pulled up out front of the church and told me to go in. I don't remember much of that first meeting. There was a bustle of activity, people going into different rooms, lots of handshaking.

Continued on page 2

### In and Out

half-off his head.

BY: DEAN C. | GRAND FORKS, ND | APRIL 2019 Continued from page 1

I was to go in the beginners' meeting. I was directed to a little room, very little. It was smoky, very smoky. The people looked strange and talked stranger. I got back in the car after and told my mom that they were all old and half-off their heads. Now, I'm the one who is old and

In the appendix to the Big Book titled "Spiritual Experience," there is a quote by a man named Herbert Spencer: "There is a principle which is a bar against all information, which is proof against all arguments and which cannot fail to keep a man in everlasting ignorance—that principle is contempt prior to investigation." So when someone asks me where I've been, I can say, "Everlasting ignorance!" The way I see it, each Step is a change in thinking and action necessary for a spiritual awakening. In the First Step, I went from denial to acceptance. In the Second Step, I went from "I got this by myself" to "I need your help." And so on.

The First Step was about getting honest with myself. In Chapter 3 of the Big Book is another quote I like: "The idea that somehow, someday he will control and enjoy his drinking is the great obsession of every abnormal drinker. The persistence of this illusion is astonishing. Many pursue it into the gates of insanity or death." I had been at the gates of insanity for so long I didn't know what side I was on. When I finally looked at my drinking, I had to admit that the few times I did any controlled drinking were not enjoyable. In fact, drinking six drinks and quitting was torturous, so torturous I rarely let it happen. I lied my way to getting a drink into my hand a million times. Did I care that it was eating me up? I said I'd just deal with the consequences later.

But I saw how AA was working for others. How did they do it? How did they not drink when they wanted to drink more than anything? I kept going back to AA to listen for answers. Today I tell my sponsees that for the Second Step, all you have to do is believe that it's possible to stay sober one day at a time with help, and you get to define "help." Have you ever searched the house for your keys only to find out they were in your pocket the whole time? I was looking for God outside when I should have been looking in.



I had heard people say many times that you can make up your own idea of God. I didn't think much of that. It actually went against my upbringing. Then one day while out for a walk, I gave this some thought. What characteristics did I want from a Higher Power, if such power exists? Forgiveness came to mind, because I was so racked with guilt, shame and remorse. I thought about such characteristics as love, patience, understanding, tolerance and generosity. All of a sudden it just dawned on me—I had the question all wrong! I should be asking if God exists, what did he want from me? It turns out, it's all the same stuff. He wants me to be forgiving, loving, patient, understanding, tolerant and generous. This is the Third Step to me. I live it and it is changing me.

For me, trying to stop drinking was like trying to stop gravity—impossible. My obsession to drink was like a powerful magnetic force. Do you know how to demagnetize a magnet? You take another magnet and rub on it back and forth over and over real fast. So I would like to thank AA for rubbing on me. I have been demagnetized by the people in AA. We stopped gravity.

I was three months sober when a young man asked me if I would be his sponsor. I had been asked many times. My response was always, "Hold on, I'll find you a real sponsor," as I introduced the potential sponsee to one of my friends at the meeting. Then one time, I just said yes. I read the Big Book out loud to him, as my sponsor had done with me. When we came to a Step, we did it. We met every day. I have sponsored nine men now in the last three years. The action in the Twelfth Step of carrying the message has been my salvation.

I cried hard over the relapse I had about five years ago. I'd had about five months of sobriety and had signed up to chair the meeting. You need six months to chair. I had been trying for 15 years and never got that close. I broke down at the meeting and bawled for 10 minutes. I wanted the love and respect of the people I loved and respected, even though my people made it very clear that they had always loved and respected me. I try my best to be like them. Loving the people of AA is my life now. But the year before last, I was asked to chair our annual holiday party. I was so honored that I wrote a poem to express my gratitude for the occasion.

Roses are red, violets are blue, I used to love vodka, and now I love you.



#1 Our Common Welfare should come first; personal recovery depends upon AA unity.

- Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip and taking other members' inventories?
- Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion," plunge into argument?
- 3 Am I gentile with those who rub me the wrong way, or am I abrasive?
- Oo I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
- **6** Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?
- 6 Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?
- Am I as considerate of AA members as I want them to be of me?
- Oo I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
- Do I go to enough AA meetings or read enough AA literature to really keep in touch?
- Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?

On page 84 of the Big Book the following words appear: "Love and tolerance of others is our code." In truth, this is the basis of real unity. Genuine love can come only from the source of love, which we call our Higher Power; tolerance, in turn, is the expression of this love toward our fellows. Tolerance is easy to practice toward those of our fellows with whom we share more than one commonality.

BY: DAVE C. | SPRINGFIELD, MISSOURI | JANUARY 2012

## I Can Handle This

BY: JULIE C. | JOHNS CREEK, GA | APRIL 2016

On vacation in France, she lifted the glass to her mouth. What could possibly go wrong?

If you had asked me that morning in April, "Will you drink today?"

I would have answered, "Of course not. I've been sober for more than eight years." I had no reason to drink. As a result of AA, I enjoyed a blessed existence with a wonderful husband and daughter and a successful career. My life was amazing.

But on that sunny April day, **while on vacation in France**, that's exactly what I did. I was having lunch in a restaurant. I observed other travelers drinking the famous local wine. Everyone seemed to be enjoying themselves, immersed in the local culture of food and grapes.

Suddenly, I found myself unable to take my eyes off of my husband's glass of Bordeaux across the table. A waiter described the various "notes" of a particular vintage and I could taste those notes in my mind.

It occurred to me, right there in the restaurant, **that I had been young** and immature when I came into AA at age 24. Perhaps the reason I drank so much was that I had so many emotional problems at that time. But during my sobriety I had discussed these problems with psychologists, I reasoned, and had worked the 12 Steps, resentments and had made my amends. Those issues had "resolved" for me.

In a matter of seconds, I concluded that I could now "handle alcohol. I lost everything again.

In a matter of seconds, I concluded that I could now "handle alcohol,"

as I was no longer 24, broken and immature. Now I was 32, a well-adjusted, stable mother and wife. I knew I was perfectly capable of enjoying a glass of wine or two on vacation. I was certain I had "outgrown" my alcoholism.

I told myself I would be careful this time, as I picked up my husband's glass of Bordeaux and drank from it. And you know what happened? Nothing. The sky didn't fall down on my head. I didn't get arrested. I didn't black out or get sick. I didn't even drink to the point of being drunk. In fact, I left Saint Emilion that afternoon with the same man I had arrived with. Surely this was proof that I could drink like a normal person. Congratulating myself on my self-discipline, I thought about how those people in AA who said, "Once an alcoholic, always an alcoholic," were just trying to scare me. I can handle this, I thought. Everything is going to be fine.

The next morning, I woke up and before my eyes even opened, my brain began racing with the question: Am I going to drink today? Should I? Or should I not? How many will I have? Should I drink when I get back to the States? What will I tell my sponsor?

I had to be careful not to ruin everything by getting drunk and looking like an alcoholic. For the rest of that trip, thoughts of how to control my drinking dominated my mind. My travel journal from that vacation reflects my obsession. I was aware of alcohol everywhere I went. Twenty-four hours had not passed since I put alcohol in my body, and the mental obsession was back with a vengeance.

I returned home to Florida a week later. I would tell my AA friends, sponsor and family that *I drank while in France* and that nothing bad had happened. This was proof that I could drink like a normal person. That perhaps I'd over-reacted and never was an alcoholic after all. My family and friends responded with skepticism, but knew I would prove them all wrong.

As further proof of my commitment to normal drinking, I decided to keep a spreadsheet documenting the amount of alcohol I consumed weekly and show it to a counselor. I would drink no more than three days per week, and no more than two drinks on any given day. I congratulated myself on my willingness to be open-minded and honest about my alcohol consumption. Would a real alcoholic be willing to do that?

Continued on page 5

## I Can Handle This

BY: JULIE C. | JOHNS CREEK, GA | APRIL 2016 Continued from page 4

Within a couple of weeks, I'd stopped showing my spreadsheet and then I stopped seeing the counselor, and lying. I came up with reasons for drinking more than three days a week. **And two drinks?** Perhaps I was being a little "extreme" on that, too.

For the next two years, my alcoholism followed *the natural* progression discussed in the Big Book, becoming "worse, never better." I tried numerous ways to control my drinking; church, fasted, self-help books and more therapy. I told myself I could control it. My husband grew concerned as I came home later and later. I used several credit cards to hide the amount of money I spent on alcohol.

During this time, I became pregnant with our second daughter. I quit drinking during the second and third trimesters out of fear. Less than 36 hours after my daughter was delivered by C-section, however, *I was drinking champagne in my hospital room.* I'd always silently judged women who talked about driving drunk with their children. Well, I soon became one of those mothers. There were many evenings when I breastfed my baby daughter after I'd had a few. I told myself that I was a more relaxed and patient mother after a couple of glasses of wine, that *I deserved a break*.

Then one morning, I woke up in my baby's bedroom with her curled up next to me. I had no memory of how I had ended up there. I had a horrendous hangover headache and I told my husband, "I think I need to go back to AA."

I wish my story of "what happened" ended there. It doesn't. I stayed sober for seven months. But I lacked humility, I resented being told what to do and believed I knew everything I needed to know. After all, I could quote whole passages from the Big Book. I'd attended conferences, sponsored other women, had a sponsor. I merely told her what I thought she wanted to hear. And just as I can't survive on food that I ate six months ago, I can't stay sober on old spiritual experiences, either.

I relapsed again. For months, I came in and out of the rooms. Upon each return, I'd raise my hand in the meeting, crying about how I'd "finally hit bottom." Despite the embarrassment and suffering each time I picked up, when the alcoholic obsession called, I responded.

Thankfully, on July 31, 2009, I hit my bottom when I "came to" in my parents' home, having no memory of how I'd gotten there. I jumped out of bed and made it to the bathroom in time to vomit all over my mother's floor. Stumbling back to the bed I was sharing with my 8-year-old daughter, I knew I was done.



I knew that it would only be a matter of time before I lost my husband and children, my freedom, my sanity and my life. Drinking wasn't worth it. **God gave me the gift of willingness on that day.** 

Upon returning to AA, I committed myself to acting like a true newcomer. If I wanted sobriety to work this time, I needed to admit total defeat and helplessness. I took suggestions from my sponsor and changed sponsors when needed. When I moved to Georgia three years later, I immediately found a new home group, a new sponsor and began working with others.

Humility is still the key for me today.

Whenever my faith starts to slip, the pain of separation from God and the memory of what happens runs me right back into the rooms of AA.

I've tried to recall what preceded my relapse that day in St. Emilion. Was I not going to enough meetings, not praying? If I'm honest I'll admit that my relapse began with an ungrateful heart. I took credit for the many gifts in sobriety; a husband, a degree and job promotion. I also stopped going to meetings regularly and hadn't had a sponsee in years.

Today, I am reminded all those people and things I thought were "mine" are actually on loan by a generous God. And that my sobriety today is contingent upon the maintenance of my spiritual condition. *I do not regret my relapse, as I know it happened for a reason*. I can share my experience with others and remind them that we don't outgrow, outsmart or outthink this disease.

I'll never have to change my sobriety date again.

### **DONATIONS**

Continued on page 7

### **GROUP DONATIONS**

511 Step Grp

A Few Simple Rules Grp

Any Lengths Grp

A Way of Life Grp

Barneveld Grp

Beaver Dam Sunday Serenity

Beloit Fel-O-Ship Grp

Belmont Thursday Grp

Berlin Friday Night Grp

Berlin Sunday Night Grp

Blackhawk Good Fellowship Grp

Burn the Idea

Cambridge Grp

Capital Steps Grp

Come & Get It Grp

Cross Plains Unity Grp

Darlington Uptown Grp

DeForest Progress Grp

Dodgeville Downtowners Grp

Dry Docs Grp

Early Birds Grp

Early Risers Grp

**EDIBDI Grp** 

Family Afterwards Grp

Freedom Grp

Free Thinkers Grp

Friday Night Grp

Friday Night Lights Grp

Green Lake Daily Reflections Grp

Half Measures Grp

High Noon Grp

Happy Hour Grp

Hwy 21 Open Discussion Grp

Into Action Grp

In The Middle Grp

### **GROUP DONATIONS**

#### continued

It's a God Thing Grp

Janeville Good Fellowship Grp

Keep It Simple Sisters Grp

Keys to the Kingdom Grp

Lake Wingra Serenity Grp

Living Sober Grp

Madison Saturday Night Live Grp

Marshall 449 Grp

Mauston Friday Night Fellowship Grp

Men in Recovery Grp

Merrimac Into Action Grp

Middleton Young at Heart Grp

Mineral Pt Grapevine Grp

Monroe Early Birds Grp

Monroe No Butts Grp

Monticello 12 & 12 Grp

Mt Horeb Grp

Mt Olive Grp

New Beginnings Wed Grp

New Lisbron Thursday Night Grp

Orfordville Promises Grp

Our Group Wednesday

Platteville Monday Night Grp

Platteville Wedneday Noon Grp

Portage 731 Grp

Poynette DeKorra Grp

Prairie Dock Grp

RAFTYPAA

Richland Center Grp

Rio Into Action Grp

Rock River Grp

Sauk Prairie Grp

Serenity at 6 Women's Grp

Serenity Seekers Grp

#### INDIVIDUAL DONATIONS

**Anonymous Member Donations** 

Aimee P.

Alberto R.

Amanda M.

Amelia L.

Andrea K.

Anna B.

Ashley O.

Carolyn B.

Chris W.

Crais C

Craig C.

Dave S.

David P. for Grp

David R.

Dennis G.

Diane P.

Dona C.

Elle & Tony - Gratitude

Emily C.

Greg F.

Hailey J.

Jeff T.

Joan F. Jordon K.

Junice N, for Grp

Karen K.

Kathleen G. – Gratitude

Kathleen M.

Ken. K.

Larry L.

Leah B.

Les S.

Linda B.

Lori W.

Marv C.

Mary S.

Matthew K.

Michael H.

Nick H. Patrice B. for Grp

Paul A.

Robert F.

Robert W. Sarah B.

Sue M.



### **DONATIONS**

Continued from page 7

# GRATITUDE MONTH DONATIONS Group & Individuals

Amelia L. Abby E. Arica D. Baraboo \

Baraboo Wed Big Book Grp

Becky B.

Beloit Mon Night Thumpers Grp

Beloit Fel-O-Ship Grp Belmont Thursday Grp

Ben N.

Brodhead Tues & Thurs Grps

Chance to Live Grp

Chris S.

Cross Plains Grp

Dells Delton Grp

Dist. 31

Dodgeville Downtowners Grp

Early Risers Grp
Easy Breathers Grp

Eye Opener Grp

Feet by the Fire Grp

Foxhall Recovery

Foxhall Recovery Grp

Fitchburg 10:10 Grp

Freedom Grp

Good Fellowship Grp

Into Action Grp

In The Middle Grp

Janesville Grps

Janesville Early Risers Grp

Janesville Keys to the Kingdom

Janesville Sun Night Beginners

Jessica K.

Jon M.

Joshua W.

Keys to the Kingdom

Krissy K.

Living Sober Grp

Marisa S.

Marshall 449 Grp

Michael P.

# GRATITUDE MONTH DONATIONS Group & Individuals continued

Milton Grps

Mineral Point Trinity

Monroe Early Birds

No Name Grp

Oregon Room to Grow Grp

Orfordville Grp

Poynette DeKorra Grp

Prairie Dock Grp

Precisely How We Recovered

Ralph B.

Ridgeway Rock Church Grp

Room to Grow

Sarah B.

Sauk Prairie Grp

Serenity Seekers Grp

Sister Blandine Thursday Night Grp

Spring Green Read n Lead Grp

Spiritual Program of Action Grp

Stoughton Grps

Suburban Sobriety Grp

Sun Prairie Phoenix Grp

Sunlight of the Spirit Grp

Sun Recovery with the Big Book Grp

Sunrise Serenity Grp

Sunrisers Grp

Take Off The Shelf (T.O.T.S)

Taylor S.

The Home Grp

The Way Out Grp

The 1728 Grp

Thomas K.

Thursday Young at Heart Grp

Thursday Off the Shelf Grp

There is a Solution Grp

Traditions Grp

Travis E.

Tuesday Dells Delton Grp

Windsor Grp

Women's Serenity Grp Sat

Veronica F.

## CORRECTIONS TREATMENT FUND

Any Lengths Grp Living Sober Grp Sunlight of the Spirit Grp

### **Answering Service Donation**

Dist. 30

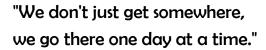


# **INCOME STATEMENT**

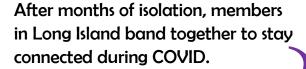
INCOME	<u>Jan-Oct 2021</u>	<u>Jan-Oct 2020</u>	
Donations – Groups	30,510.00	34,008.71	
Donations – Events	100.00	309.74	
Individual Donations	10,165.07	21,293.15	
Donations – Answering Service	125.00	0.00	
Donations - Gratitude Month	78.83	1,035.61	
Conference Literature	16,351.09	13,054.12	
Non-Conference Literature	5,334.99	4,844.85	
Non-Conference Merchandise	10,500.43	9,230.17	
Grapevine Literature	881.90	712.06	
Faithful Fivers	220.00	507.36	
Directories	2.00	145.00	
Savings Account Income	3.26	5.73	
Other Income	510.95	77.96	
Sales Tax Discount	80.00	80.00	
Uncategorized Income	0.00	54.76	
TOTAL INCOME	74,863.72	85,359.22	
COST OF GOODS SOLD			
Inventory ExpConference Lit.	10,330.01	7,517.68	
Inventory ExpConference Lit.  Inventory ExpNonConfer Lit.	3,504.16	2,384.84	
Inventory ExpNonConfer Mer.	7,630.04	4,039.39	
Inventory ExpNonContention	861.25	574.59	
Total Cost of Goods Sold			
Total Cost of Goods Sold	<u>22,325.46</u>	<u>14,516.50</u>	
Gross Profit	52,538.26	70,842.72	
Gross Front	32,330.20	10,042.12	
EXPENSES	32,330.20	10,072.12	
	36,790.10	35,996.40	
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### **QUOTES & Reflections**

Taking care in Sobriety



GRAPEVINE NOVEMBER 2003 QUOTE OF THE MONTH



If there's anything I can share, it's that I can now truly appreciate that this is a "we" program.

BY: BRIDGET M. | EAST MORICHES, N.Y.

Bill W. said that the alcoholic is someone who is "disconnected" with himself, with others, and with God. The job of recovery is to "reconnect" us with self, others, and God. This is done through spiritual principles, like freedom of choice, hope, love, truth, justice, faith, and beauty. God does for us what we cannot do for ourselves.

BY: BOB L. | STE-ROSE, LAVAL, QUEBEC OCTOBER 1999 ARICLE TWO BEERS

# "My mom called and said I have cancer." What would make me go back?

It was my 90th day sober.

As the days, weeks and months ahead followed I spent a great deal of time in meetings, sometimes two a day.

No matter what events were on my calendar, *God always gave me time to be in a meeting.* I was not picky about where the meeting was, who was there or what the topic was.

I was willing to go to any length to stay sober and that meant clearing a path free of judgment, opinions and excuses, and putting myself in a seat. I learned how to stay sober and make radical changes in the way I lived life. When I wasn't in a meeting, I met with my sponsor, did service work with other women by giving rides and taking meetings to detox centers. One of the best gifts I was able to give was be a caretaker for my mom.

GRAPEVINE ONLINE EXCLUSIVES 2020 BY: LESLIE R. | PALM HARBOR, FLA.

# Madison Area Intergroup Office www.aamadisonwi.org

2000 Engel Street, Suite 104 | Madison, WI 53713

Phone: 608-222-8989

Hot Line 24/7

Office Hours:

Monday - Friday 11:00 am - 6:00 pm

Saturday Noon - 2:00 pm

www.aamadisonwi.org
Meetings online & in person & Events

www.aa-intergroup.org
AA Online Intergroup
Meetings & Events

Event flyers are on The MAICO website www.aamadisonwi.org or www.area75.org

Any district or group AA event can be posted on the Area 75 calendar at www.area75.org

Be mindful of anonymity with names, flyers and information on the internet.

FOR THIS, WE ARE RESPONSIBLE We need your help and cooperation to update meetings and groups we serve.

Call MAICO at 608-222-8989 Email to info@aamadisonwi.org

Fill out this form and mail to: MAICO, 2000 Engel St., Suite 104, Madison, Wl. 53713

### **CONTACT INFO & WEBSITES**

**UPCOMING EVENTS JANUARY - MARCH 2022** 

EVENT	DATE	TIME PLACE & DETAILS	
Chance to Live New Year's Eve	12/31/2021	6:00 pm - 7pm Speaker Dance to follow \$5 suggested donation No one turned away East Side Alano 1017 Northport Dr Madison, WI.	
Prairie Dock Group New Year Alcathon	January 1 2022	Midnight to 9:00 pm Hourly meetings Monona Serenity Club 4933 Prairie Dock Dr Monona, WI	
WICYPAA – WI Young People in AA	January 7-9 2022	3 day Conference Sheraton Milwaukee Brookfield 375 S. Moorland Rd Brookfield, WI	
58 <sup>th</sup> International Women's Conference – Virtual	Febuary 10-13 2022	Four days of closed AA meetings In person in Santa Fe, New Mexico and Virtual Virtual registration is \$10.00	
35 <sup>th</sup> Anniversary Aim for Aimes www.aimforames.org	March 25-27 2022 Registration: \$20	Friday Speaker 8:00 pm Sat Speakers 10:00 am, 1:00 pm and 7:30 pm Sunday – Speaker 10:00 am Quality Inn & Suites East 13 <sup>th</sup> & I-35 Aimes, Iowa	

Provide as much of the following information as is possible.					
New $\square$	Change $\square$	Help 🗖	Discontinued $\Box$		
Group name (if any)					
Open $\square$	Closed $\Box$		Handicap Accessible		
Day/Time		Туре_			
Location (any specifics)					
Group contact person					
Contact's phone	e number				
Also let us know of any changes in your group's contact person(s)					

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- Large Selection of AA Literature
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- Twelve steps and Twelve Traditions
- Alcoholics Anonymous BIG BOOKS Coming of Age Book
- Dr. Bob books
   Experience Strength & Hope
- -Courage to Change
- Meditation Books:Relections, Day at a Time

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